## What is claimed is:

1	1. A method of determining a directed contribution amount to an accruable			
2	health spending account for a member of an employer-sponsored health plan, comprising:			
3	presenting an employer-funded defined contribution having a value for a given time			
4	period;			
5	presenting at least one insurance premium option, the at least one insurance			
6	premium option defining an option cost for the given time period;			
7	querying for a premium option selection based on the at least one insurance			
8	premium option, the premium option selection including a selection allocation less than or			
9	equal to the option cost;			
0	receiving the premium option selection; and			
1	calculating the directed contribution amount by subtracting either the selection			
2	allocation or the option cost from the defined contribution value.			
1	2. The method of Claim 1, wherein the given time period comprises at least one			
1	of a group consisting essentially of a day, week, month, and year.			
2	of a group consisting essentially of a day, week, month, and year.			
1	3. The method of Claim 2, wherein the defined contribution value, selection			
2	allocation, option cost, and the directed contribution amount are expressed in one or more			
3	units of currency.			
1	4. The method of Claim 1, further comprising presenting the directed			
1	contribution amount.			
2	contribution amount.			
1	5. The method of Claim 1, further comprising presenting a predicted			
2	contribution amount for the accruable health spending account, the predicted contribution			
3	amount based on either the defined contribution value or the option cost.			
1	6. The method of Claim 1, wherein said directed contribution amount			
2	calculating step comprises subtracting the selection allocation from the defined contribution			
3	value.			
J	value.			
1	7. The method of Claim 6, further comprising:			

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2	calculating a predicted contribution amount for the accruable health spending
3	account by subtracting the option cost from the defined contribution value; and
4	presenting the predicted contribution amount.

- 8. The method of Claim 6, further comprising:
- calculating an out-of-pocket premium cost for the premium option selection by subtracting the selection allocation from the option cost.
- 1 9. The method of Claim 8, further comprising presenting the out-of-pocket premium cost.
  - 10. A method of paying an insurance premium of an insurance policy covering a member of an employer-sponsored health plan, the insurance policy defining a payor having a premium account, the method comprising:
    - A) calculating the out-of-pocket cost in accordance with the method of Claim 8;
  - B) transferring a first amount from member funds to the premium account, the first amount substantially equivalent to the calculated out-of-pocket premium cost; and
  - C) transferring a second amount from employer funds to the premium account, the second amount substantially equivalent to the selection allocation.
  - 11. The method of Claim 10, wherein said transferring steps B and C comprise a single financial transaction.
  - 12. The method of Claim 10, wherein said transferring steps B and C comprise distinct financial transactions.
- 1 13. The method of Claim 10, wherein
- 2 the member funds are pre-tax;
- 3 the accruable health spending account complies with section 105 of the Internal
- 4 Revenue Code of 1986; and
- said transferring step A complies with section 125 of the Internal Revenue Code of 6 1986.
- 1 14. A method of funding an accruable health spending account for a member of 2 an employer-sponsored health plan, comprising:

3	determining the directed contribution amount in accordance with the method of			
4	Claim 1; and			
5	transferring a first amount from an employer funded account to the accruable health			
6	spending account for the member, the first amount substantially equivalent to the directed			
7	contribution amount determined in said determining step.			
1	15. The method of Claim 14, further comprising:			
2	withdrawing a sum from the accruable health spending account to reimburse the			
3	member for a medical expense.			
1	16. The method of Claim 14, further comprising:			
2	withdrawing a first sum from a flexible spending account to reimburse the member			
3	for a medical expense; and			
4	withdrawing a second sum from the accruable health spending account to reimburse			
5	the member for the medical expense when the first sum is less than the medical expense.			
1	17. The method of Claim 1, wherein the accruable health spending account			
2	complies with section 105 of the Internal Revenue Code of 1986.			
1	18. A server-implemented method of determining a directed contribution amount			
2	to an accruable health spending account for a member of an employer-sponsored health			
3	plan, comprising:			
4	issuing a first signal causing a client to present an employer-funded defined			
5	contribution having a value for a given time period;			
6	issuing a second signal causing the client to present at least one insurance premium			
7	option, the at least one insurance premium option defining an option cost for the given time			
8	period;			
9	issuing a third signal causing the client to query for a premium option selection			
10	based on the at least one insurance premium option, the premium option selection including			
11	a selection allocation less than or equal to the option cost;			
12	receiving a fourth signal indicating the premium option selection; and			
13	calculating the directed contribution amount by subtracting either the selection			
14	allocation or the option cost from the defined contribution value.			

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1	19.	For use in determining a directed contribution amount to an accruable health		
2	spending account for a member of an employer-sponsored health plan, an information			
3	processor comprising a memory, said memory comprising computer readable program code			
4	for causing the information processor to:			
5	issue a first signal causing presentation of an employer-funded defined contribution			
6	having a value for a given time period;			
7	issue a second signal causing presentation of at least one insurance premium option,			
8	the at least one insurance premium option defining an option cost for the given time period;			
9	issue a third signal causing issuance of a prompt for a premium option selection			
10	based on the at least one insurance premium option, the premium option selection including			
11	a selection allocation less than or equal to the option cost;			
12	receive a fourth signal indicating the premium option selection; and			
13	calculate the directed contribution amount by subtracting either the selection			
14	allocation or the option cost from the defined contribution value.			
1	20.	A computer program product for use in determining a directed contribution		
2		n accruable health spending account for a member of an employer-sponsored		
3	health plan, comprising computer readable program code for causing an information			
4	processor to:			
5	-	e a first signal causing presentation of an employer-funded defined contribution		
6	having a value for a given time period;			
7	and the second s			
8	to a six of the six of			
9	C. C			
10	based on the at least one insurance premium option, the premium option selection including			
11	a selection allocation less than or equal to the option cost;			
12	receive a fourth signal indicating the premium option selection; and			
13	calc	ulate the directed contribution amount by subtracting either the selection		

allocation or the option cost from the defined contribution value.

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21.	A computer-implemented method for presenting out-of-pocket expenses for a
procedure of	ffered by at least one health-care provider tailored to a particular member of a
health plan,	comprising:

- obtaining a set of selected health-care providers and a procedure; (A)
- for each one of the set of selected health-care providers, acquiring raw cost (B) information for the procedure from a provider database;
- obtaining benefits structure information from a health plan database based on the member and the health plan, the benefits structure information including first data corresponding to the member and second data corresponding to the health plan;
- for at least one of the set of selected health-care providers, calculating a (D) subscriber-specific cost based on the acquired raw cost information obtained in said obtaining step (B) and the first and second data obtained in said obtaining step (C); and
- presenting the subscriber-specific cost calculated in said calculating step (D) for the (E) at least one of the set of selected health-care providers.
- The method of Claim 21, wherein the set of selected health-care providers 22. comprises at least one member.
- The method of Claim 21, wherein 23.
- the set comprises a plurality of selected health-care providers; 2
- wherein said calculating step (D) comprises calculating the subscriber-specific cost 3 for each member of the plurality of selected health-care providers; and 4
- wherein said presenting step (E) comprises presenting the subscriber-specific cost 5 calculated in said calculating step (D) for each of the set of selected health-care providers. 6
- The method of Claim 21, wherein the first data comprises at least one of 24. 1 lifetime-maximum data, yearly-out-of-pocket maximum data, deductible data, copay data, 2 and coinsurance data. 3
  - The method of Claim 24, wherein the second data comprises allowable 25. reimbursement rate data.
    - The method of Claim 21, further comprising: 26.

- 2 (F) for the at least one of the set of selected health-care providers, calculating a second
- 3 subscriber-specific cost based on the subscriber-specific cost calculated in said calculating
- 4 step (D) and at least one of a flexible-spending balance and an accruable health spending
- 5 balance associated with the member.
- 1 27. The method of Claim 21, further comprising:
- 2 (F) determining an alternative procedure based on the procedure and at least one of the
- 3 benefits structure information, the subscriber-specific cost, and the set of selected health-
- 4 care providers.
- 1 28. The method of Claim 21, wherein said determining step further comprises 2 determining the alternative procedure based on medical risks associated with the procedure.